



# OK, I Admit It, I`m Afraid : Finding the Courage to Overcome Life` Problems

Anthony Destefano



Take courage! Bestselling author Anthony DeStefano shares the importance of living courageously in this intriguing little book with a big message. You'll discover that with courage you're able to enjoy meaningful relationships and accomplish those really hard things you know you have to do. Without it, well, it's nearly impossible to be happy. Candid photos of kids caught in awkward moments everyone can relate to perfectly illustrate this uplifting message, which turns out to be just as inspirational and thoughtful as it is funny.

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